



Cataract Surgery Preoperative Instructions

General information:

Cataract surgery is typically performed as an outpatient procedure. The surgery center will contact you prior to your surgery to review your medical history, medications and anesthesia clearance.

Your arrival time will be provided during this call.

Please carefully review the information below and keep it for reference.

What To Do the Night Before Surgery:

- DO NOT eat or drink anything after midnight other than medications you have been directed to take. You may take them with a small sip of water.

The Morning of Surgery:

- Dress comfortably, wear a shirt that can be easily removed.
- Wash your face thoroughly and do not apply any makeup.
- Take all your regular medications with a small sip of water. Diabetics will be given specific instructions on your pre-operative call with the Surgery Center.
- If you are a smoker, do not smoke the morning of surgery.
- If you use an inhaler or oxygen please bring it with you to surgery.
- Bring your insurance card.

Who May Accompany You:

- You must have a driver. You will receive sedative medications to help make your procedure comfortable and successful. The effects of these drugs may last up to 24 hours.

Due to limited space in our waiting room only one person will be allowed to accompany you. There will be no exceptions. Whoever accompanies you will be required to remain at the surgery center during your procedure. You can expect to be at the surgery center for approximately 2 hours.