



LASIK Pre- and Postoperative Instructions

- You will need someone to drive you home after the procedure.
 - You may drive yourself to the 1-day follow-up. You will be given an appointment for that follow-up on the day of the procedure.
 - **Contact Lenses should be removed 3 days prior to the procedure, usually on Saturday.**
 - No eye make-up on the day of procedure.
 - Ladies - no perfumes or lotions on the day of procedure.
 - Men - No after shave or cologne on the day of procedure.
 - A prescription for your drops will be sent to your pharmacy. You will need to have those filled prior to the procedure. Bring them with you.
- We will call to discuss your drops with you 1 week prior.
- If you are currently using eye drops, DO NOT stop them.
 - You will be given preservative free artificial tears, goggles and sunglasses on the day of procedure.
 - You may have a regular meal prior to the procedure.
 - NO hot tubs, saunas, or underwater activities for 2 weeks. Ladies - No mascara for 2 weeks.

For any other questions or concerns, please call the surgery coordinator at (270) 415-0245,