



Oculoplastics Preoperative Instructions

What to do BEFORE Surgery:

- If you are taking a blood thinning medication (Aspirin, baby Aspirin, Plavix, Coumadin, Eliquis, Xarelto, etc.) you will likely be requested to STOP this medication. Please confirm with your doctor if you are allowed to stop your blood thinner.
- If possible, ALL BLOOD THINNER MEDICATIONS SHOULD BE STOPPED prior to surgery. Aspirin and baby aspirin should be stopped 2 WEEKS PRIOR. Do not take NSAIDS such as Motrin, Aleve, Ibuprofen, Naproxen, etc. or vitamins including Vitamin E, Omega 3, or Ginko Bilboa.
- If you are on Ozempic, Mounjaro, or any other GLP-1 medication, please skip your dose 1 week prior to surgery.
- Pick up your prescriptions but DO NOT use them until AFTER surgery.
- Plan for 2 weeks of downtime and rest. No heavy lifting, bending, or straining. No travel for 2 weeks.

Day of Surgery:

- Do NOT eat or drink after midnight the night before surgery other than medications you have been directed to take.
- Do NOT wear makeup, moisturizer, or anything on your face the day of surgery.
- If you smoke, DO NOT SMOKE the morning of surgery.
- You will need a driver. Your driver is requested to stay at the surgery center during your surgery.